

## Diabetes, is it part of your life ?

- you have diabetes
- a family member or loved one has diabetes
- you are a professional involved in diabetes care
- you are a carer who supports people with diabetes

*If the answer is 'yes' then SuffDIG is for you*

The Suffolk Diabetes Interest Group (SuffDIG) was founded in late 2006 by Nishan Wijenaik, Liz Hartley, John Hines and Olivia Posner. The aim was to bring together a group of people, those who have diabetes as well as healthcare professionals who share a common goal of improving diabetes services in Suffolk.

We are particularly interested in enrolling people who are enthusiastic about improving local services and who are willing to sacrifice some of their spare time in order to do so.

You do not necessarily need to have diabetes in order to join.



Join *SuffDIG* and help local diabetes care grow !

Registered Charity No: 1120711

Contact address :

*SuffDIG*

St Andrews Castle  
33 St Andrews Street South  
Bury St Edmunds  
IP33 3PH

Telephone - 01284 774808

Mobile - 07923 970900

Websites

[www.suffdig.org.uk](http://www.suffdig.org.uk)

[www.diabetesuffolk.com](http://www.diabetesuffolk.com)

e-mail - [info@suffdig.org.uk](mailto:info@suffdig.org.uk)

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**Suffolk Diabetes Interest Group**

The Local Diabetes  
Organisation for the People of  
Suffolk

Registered Charity No. 1120711

Information and Membership Application

## **Aims and Objectives of SuffDIG are:**

The promotion and protection of the health of people with diabetes in Suffolk, through the provision of support, education and practical advice both in local surgeries and hospitals

and

To advance the education of the general public in Suffolk relating to diabetes.

## **By joining SuffDIG :**

You will be adding your voice to a local charity whose aim is to work towards improving the quality of care provided by local services.

## **How can SuffDIG help you ?**

SuffDIG hopes to promote better resources for diabetes care. By joining SuffDIG you will help ensure excellence in diabetes care.

## **How can you help SuffDIG ?**

There are several ways in which you can contribute to the development of SuffDIG.

We are looking for people willing to donate ideas, expertise, time or money which will be used to develop the group further.

You can raise funds for SuffDIG in a variety of ways. If you would be willing to run a marathon or scale a mountain to support diabetes care in Suffolk, please do get in touch !

Membership of SuffDIG is open to all. The annual membership contribution is £5. Cheques to be made payable to SuffDIG.

Please complete and detach the membership application and return it along with the sum of £5 to:

The Secretary,  
SuffDIG  
St Andrews Castle  
33 St Andrews Street South  
Bury St Edmunds  
IP33 3PH.

*All information that you give us will be treated as confidential and will not be shared with any Other individual, agency or company.*

## **Application for Membership**

Please circle - Mr/Mrs/Miss

Name -

Address -

Postcode -

Telephone

E-mail -

Membership donation - £ .....

Gift Aid Declaration :

If you pay income tax, by signing this declaration SuffDIG will receive an extra 28 pence from the Inland Revenue for every pound you give.

.....  
Signature

For office use only:  
Payment received :  
membership No.